

Amy Likar

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EDUCATION

D.M.A. in Flute Performance, 1999

The Ohio State University, Columbus, Ohio

- Recipient of the A. Peter Costanza Award for Outstanding DMA Document

M.M. in Flute Performance, 1994

The Ohio State University, Columbus, Ohio

- Recipient of Outstanding Graduate Teaching Assistant Award

B.M. in Music Education and Flute Performance, 1991

Kent State University, Kent, Ohio

- Taught Middle School Band and General Music for my student teaching experience as well as beginning clarinet and saxophone
- Honors College Creative Artist Award Scholarship Recipient
- Secondary Instrument is Piano

Training and Professional Development

Jazz Improvisation with Dave Scott at the Berkeley Jazz School, 2008

American Society for the Alexander Technique Certified Alexander Technique Teacher, 2002
Alexander Training Institute of San Francisco, San Francisco, CA

Licensed Andover Educator, 1998

Andover Educators, Barbara Conable, Founder 1998

TEACHING EXPERIENCE

Private teaching studio, 1991 to present

- Coach all levels of musicians on all instruments for audition and concert preparation

Visiting Instructor of Flute, UC Davis, Fall Quarter 2013

Oakland Symphony Music for Excellence (MUSE) Program, 2007 -

- Mentor elementary and middle school winds and strings in the Oakland Unified School District
- 2013- to present
 - co-conduct the Muse Orchestra, an after school orchestra that meets once a week

Oakland Youth Orchestra, Woodwind Coach, 2011-

Berkeley Youth Orchestra, Woodwind Coach, 2013-2015

Director of Training for Andover Educators, 2006 -

- Train professional musicians to present the Body Mapping Course, "What Every Musician Needs to Know About the Body"
 - A course in practical anatomy that integrates performance enhancement and injury prevention into the teaching of applied instrument learning

Adjunct Professor of Flute, Ashland University, Ashland, Ohio, Fall 1994 - Spring 1999

- Taught applied flute lessons to undergraduate majors and non majors
- Taught Sight-Singing and Ear Training
- Coached woodwind chamber music
- Conducted the Ashland University Flute Ensemble

Other Teaching Experience

High School English Teacher, Swaziland, Southern Africa, May 1991- April 1992

· Taught Cambridge 'O' Level English and English Literature classes for the Swaziland Ministry of Education at Herefords High School, Herefords, Swaziland

MASTER CLASSES and WORKSHOPS TAUGHT

St. Mary's College of California, Moraga, CA

- Master classes for Donna Olsen's Voice Studio, 2011, 2012, 2013, 2014, 2015, 2016

University of Colorado at Boulder Summer Residential Alexander Technique Workshop, July 2012, 2013, 2014, 2016 and upcoming July 2017

University of New Hampshire, Durham, New Hampshire, September 8-14, 2013

· Artist in Residence: Performed a flute and voice chamber recital with UNH Faculty member Jenni Cook. Worked with flute, oboe, clarinet, bassoon guitar and voice students

Guildhall School of Music and Drama, London, England, July 2014, July 2011, July 2010, July 2009 and July 2008

- “Body Mapping at the Guildhall International Summer School”
- Weeklong seminar combining Body Mapping, Alexander Technique and the Feldenkrais® Method with music making
- Artist in Residence with other performers/teachers who have included Liisa Ruoho (Sibelius Academy, Helsinki, Finland), Patricia Morris (Retired BBC Orchestra), Sarah Newbold (Guildhall School of Music) and Philippa Davies (Guildhall School of Music) and Joseph Sanders (Guildhall School of Music)
- Trained two Guildhall Faculty (Sarah Newbold and Philippa Davies) to be Licensed Andover Educators and teach Body Mapping at the Guildhall School

California State University, Long Beach, CA, November 2011, March 2009

- Presented a Body Mapping and Alexander Technique workshop for the Bob Cole Conservatory of Music

Summerflute: Music, Movement, Mind, Columbus State University, Columbus, GA, May 2015, June 2014 June 2012, San Rafael, CA June 2010, July 2008, Oakland, July 2007, San Rafael, CA, July 2006, 2005, 2004, and Redwood City, CA July 2003

- Weeklong seminar combining Body Mapping, Alexander Technique and the Feldenkrais® Method with flute playing
- Artistic Director, clinician and performer in conjunction with other flute performers/teachers who have included Liisa Ruoho and Stacey Pelinka

California State University, Fullerton, CA, May 2010

- Presented workshops for the voice and guitar studios at Cal State Fullerton's School of Music

Seattle Flute Society, Seattle, WA, March 7, 2010

- Artist in Residence a Body Mapping workshop and master class

San Francisco Conservatory of Music, San Francisco, CA, 2001 - 2008

- Presented Body Mapping workshops for Tim Day's flute studio
- Presented Body Mapping workshops for Robert Britton's Alexander Technique class

Holy Names University, Oakland, CA, 2010, 2009, 2007, 2006, 2005

- Presented Body Mapping workshops for Eric Howe's Music Pedagogy Course

California State University Cal Summer Arts, Fresno, CA, July 2009

- Artist in Residence for a 4-day Body Mapping/Alexander Technique Workshop for Opera Students

Southeast College Tour, November 2008

- Presented a recital and a master class for South Carolina Flute Society at Columbia College
- Presented an Alexander Technique Workshop and private lessons at University of South Carolina,
- Artist in Residence for 2 master classes, a recital and private lessons at Clayton State University
- Artist in Residence for a Body Mapping workshop and master class, recital and private lessons at Columbus State University

St. Olaf College, Northfield, MN, September 2008

- Artist in Residence, presented workshops in Body Mapping and Alexander Technique for the Music Department and Dance Department

Army Band Leader Training, Norfolk, VA, April 2007

- Presented a Body Mapping workshop for 300 Army Band Leaders
- Presented specialized Body Mapping and Alexander Technique workshops for percussionists and tuba players
- Presented a workshop for Army School of Music Students

PUBLICATIONS

Contributing Author, National Flute Association's Pedagogy Anthology.

- Invited to write an article on the Alexander Technique and Flute Pedagogy, published in August of 2012

Contributing Author, Mountain Peak Music, Flagstaff, AZ

- Stories of Hope, 2014

The Breathing Book for Flutists, Mountain Peak Music, Flagstaff, AZ

- Tentative publication date of Fall 2017

Move Well, Avoid Injury, DVD, Andover Productions, Portland, OR, August 2009

- Edited and narrated text written by Barbara Conable

"Performance Anxiety: A Resource Guide." *Flutist Quarterly*, Spring Issue, 2009

- An annotated bibliography with Introduction by Susan Raeburn

"Body Mapping: What Every Musician Needs to Know About the Body." *Polyphonic.org*, February 5, 2009

- Article that includes a brief summary of Body Mapping and Barbara Conable's answers to a series of questions from orchestral musicians

"To Your Health." Co-authored with Ralph Manchester, MD, and Michael Weinstein, MD
Flutist Quarterly, Winter Issue, 2008

- A summary of the 2004 Health Promotion in Schools of Music Conference and the ongoing work since the conference

"The Updated PAMA Website: Redesigning a Webpage through Communication within an Organization." Co-authored with Yong Hee Ahn-Kim, Kris Chesky, Bronwen Ackermann, Nancy Kadel and C. Richard Stasney. *Medical Problems of Performing Artists*, September 2006.

- Written in collaboration with other members of the Performing Arts Medicine Association Liaison Committee

"A First Rate Group" *Flutist Quarterly*, Spring Issue, 2005.

- Article describing the history of the New York Woodwind Quintet

RECORDINGS

Live at McLean Chapel, digitally released on iTunes and other digital outlets November 2006

Jenni Carbaugh Cook, soprano, Amy Likar, flute, and Miles Graber, piano

- Works by Saint Saëns, Hahn, Taktakishvili, McDonald, Roussel and Kolinski

Amy Likar, flute and Miles Graber, piano, self-released, November 2005

- Works by JS Bach, Henri Dutilleux, Daniel Kelley, Sergei Prokofiev

SELECTED SOLO and CHAMBER PERFORMANCES

Premiered Concerto for Piccolo and Orchestra by Martin Rokeach with Oakland Symphony, March 18, 2016. Was critically acclaimed in San Francisco Chronicle by Joshua Kosman and Bay Area New Group by Georgia Rowe

Concerto for Piccolo and Orchestra by Martin Rokeach with Contra Costa Chamber Orchestra, November, 2016. Upcoming performance with Sonova, November 2017

Invited Performer, National Flute Association Convention, Chicago, IL, August 2014

Solo and chamber performances at the National Flute Association Convention in Las Vegas, NV, August 2012

- Performed Paul Schoenfeld's *Psychobird: A Sonatina for Piccolo and Piano*, and Matthew King's *Una Piccolo Sinfonia*

Divas All! Recital, Anaheim, CA, August 16, 2010 National Flute Association Convention with Jenni Cook, soprano and Miles Graber, piano

- Works by Hofer, Kolinski, Saint Saens, and Schocker

Robert Aitken Concert, Anaheim, CA, August 13, 2010 National Flute Association Convention

- Member of the Flute Orchestra premiering Robert's new work *Tsunami and Solesmes*

Flute and Voice Recital at Holy Names University, Oakland CA, February 28, 2010

With Jenni Carbaugh Cook, soprano and Miles Graber, piano

- Included world premiere performance of "Spirits of the Dead" composed by HNU Department Chair Steven Hofer

Alcyone Ensemble, Berkeley, CA, January 23, 2010, February 18, 2012

With Rena Urso-Trapani, flute and Miles Graber, piano

- Trinity Chamber Concert Series in Berkeley

Trio Concertino, Berkeley, CA

With Madeline Prager, viola and Miles Graber, piano

- Featuring the compositions of Leo Ornstein, Woodside, CA, March 21, 2009
- Trinity Chamber Series, Berkeley, CA, December 15, 2007
- Freight and Salvage, Berkeley, CA, "Classical at the Freight," November 26, 2007
- Old First Church Concert Series, San Francisco, CA, January 21, 2007

Flute and Voice Recital at Holy Names University, Oakland, CA

With soprano Jenni Carbaugh Cook from the University of New Hampshire

- Part of Jenni Cook's West Coast Tour, March 19, 2006

ORCHESTRAL EXPERIENCE

Oakland Symphony, Oakland, CA

Michael Morgan, Conductor,

- Third Flute/Solo Piccolo, 2005 -
- Tenured member and substitute on principal and second

Opera Parallèle, San Francisco, CA

Nicole Paiement, Artistic Director

- Flute and piccolo, 2015-

San Francisco Chamber Orchestra, San Francisco, CA

Ben Simon, Music Director

- Substitute Flute and Piccolo, 2016-

Marin Symphony, San Rafael, CA

- Substitute flute and piccolo, 2013-

Modesto Symphony, Modesto, CA

- Substitute flute and piccolo, 2014-

San Francisco Broadway Series, San Francisco, CA

- Substitute for the San Francisco run of Wicked, July 2009 – July 2010
- Substitute since 2002 (South Pacific, Beauty and the Beast)

Berkeley Symphony Orchestra, Berkeley, CA

Various conductors during their search process

- Substitute Flute and Piccolo, 2005 -
- Finalist in 2nd flute audition, 2011

CONFERENCE PRESENTATIONS

Performing Arts Medicine Association, July 2013 Symposium on Medical Problems of Performing Artists

- Panel presenter on a pre-conference educational workshop for medical providers of performing artists
- Taught on 90 minute workshop on Body Mapping for attendees of the Symposium

Invited Presenter, Alexander Technique International Congress, August 2011, Lugano, Switzerland

- Presented a Body Mapping Lecture on the Science of Human Functioning Lecture Series
- Presented two workshops on the use of the arm structure for Alexander Technique teachers

Andover Educators International Conference, Organizer, Teacher and Performer

- Iowa State, Ames, Iowa, June 2013
- Montclair State University, Montclair, NJ, June 2011
- Northern Arizona University, Flagstaff, AZ, June 2009
- Denison University, Granville, OH, June 2007
- Asilomar Conference Center, Pacific Grove, CA, June 2005
- Willamette University, Salem, OR, June 2003

National Flute Association Annual Convention, New York, New York August 2009

- Presented a Body Mapping Workshop.

National Flute Association Annual Convention, Albuquerque, NM, August 2007

- Chaired a somatic panel discussion
- Performed on a highlight concert
- Presented an Alexander Technique/Body Mapping master class
- Piccolo performance was favorably mentioned in Flute Talk and on the NFA website

Music Teacher's National Association Tri-Conference, Toronto, Canada, March 2007

- Presented a Body Mapping Workshop

NATIONAL SERVICE TO THE PROFESSION

Andover Educators

- President, 2006 - 2013
 - In 2009, launched non profit to serve the membership and grow the organization
 - Term limited myself out in 2013
- Director of Training, 2006 -
 - Train other musicians to teach the material
 - Training others to train musicians to teach the material

Oakland Symphony

- Players Committee Representative, 2007-2016
- Players Committee Representative to the Oakland Symphony Board of Governors, 2010-2016

National Flute Association

- Preliminary Round Judge for the Young Artists Competition, Anaheim Convention, August 2010
- Editorial Board/Consultant, *The Flutist Quarterly*, 2002 –

PROFESSIONAL AFFILIATION

American Federation of Musicians, Local 6

American Society for the Alexander Technique

Andover Educators

National Flute Association

Powell Performing Artist

LANGUAGES

Speaking and reading ability in French